# The London





Legal Walk 2023

#### TUESDAY 13 JUNE 2023

Thank you for signing up to the 2023 London Legal Walk

The London Legal Walk is a 10km after-work walk, starting on Carey Street behind the Royal Courts of Justice. In 2022, over 12,000 walkers took part, raising a wonderful £720k to support the provision of free legal advice in London and the South East.

With your help we will make this year's Walk the most successful yet!

## Your role as a team member

Your team organiser will be in regular contact about the latest updates in the lead up to the Walk. You will also receive newsletters in the month leading up to the walk with any important information for on the day.

## Supporting the cause

Upon registration we sent you a link to your fundraising page. Please be sure to share it with your friends, family and colleagues. We don't charge an entry fee but do suggest a minimum fundraising target of £50 per walker.



# On the day

REGISTRATION opens from 3pm on Carey Street and will remain open until 7pm. Your team organiser will have the responsibility of signing your team in. You will all be given maps and drinks tokens so that you can claim a complimentary drink after the walk as a thank you from us for taking part in the event and raising vital funds for access to justice.

THE ROUTE In order to reduce congestion on the pavements, we have 2 available routes. Each route is 10km and takes approximately 2-3 hours to complete. To ease congestion on pavements please walk 2 abreast, rather than in a big group. You are welcome to choose whichever route you wish. You do not need to tell us in advance which route you would like to take, we will have equal numbers of maps available at the registration desk on Walk day. We also have two shorter routes for those who want to participate but require a shorter route as an adjustment. View all routes.

WHAT TO BRING Comfortable clothing and footwear. We have been very lucky in previous years with glorious sunshine, but please check the weather forecast and bring a warm jacket/waterproofs if required. There is a water station outside the Law Society and water refill fountains in the Royal Parks. Please be aware that bottled water on Carey Street is first come first served so please have extra bottles to hand.

CLOAKROOM There is a cloakroom inside the Law Society. We recommend leaving any large items such as laptops locked in your office or at home. As cloakrooms can get very busy we suggest just bringing a small bag you can take with you on the Walk.



TEAM PHOTOS After registering, your team can have a photograph taken by one of our professional photographers. Team photos will take place between 3pm and 7pm. There isn't a booking system - just queue up.

LAW SOCIETY After the Walk you can redeem your drinks token in one of the Law Society's indoor bars. You can also exchange your drinks token for a £1 donation back to LLST



STREET PARTY You are invited to join the street party on Carey Street. The Last Judgment (formerly Knights Templar) and The Law Society will have a bar where you can exchange your drinks tokens for a complimentary beer, wine or soft drink. We are also excited to announce that the Old Bank of England pub will be one of our venues for the first time this year.

Food is available at the street party from a variety of outdoor vendors catering to all dietary needs.

The street party closes at 10pm so make sure you arrive back in good time to enjoy a drink whilst watching the fire jugglers and stilt walkers in action.

### **FAQs**

ACCESSIBILITY: Routes are generally accessible, and we have two shorter routes this year for those who want to participate but require a shorter route as an adjustment. View all routes. The Law Society building is accessible, with accessible toilets.

NON-LAWYERS, CHILDREN AND PETS: The more the merrier! The London Legal Walk is open to all, though any pets / children must be kept under supervision.

CAN I RUN?: Yes! We have a dedicated group of runners who take on the challenge each year. If you run we recommend starting early so you don't have to navigate through thousands of walkers. Please note roads will not be closed for this event

FIRST AID: First Aid is provided by St John Ambulance. Their number will be on your map. LLST event staff are also first aid trained.



## **TOP TIPS**

## **SEE ALL OUR TEAM BUILDING & FUNDRAISING TIPS HERE**

MATCH FUNDING: Makes a huge difference. Knowing your donation will be matched is an added incentive for people to support your fundraising.

GET SOCIAL: Tell everyone you are taking part on Facebook, LinkedIn, Instagram and Twitter. Be sure to use #LegalWalk and tag us so we can share your post/retweet.

SELF SPONSOR: Donating your daily coffee allowance, weekly commute or monthly gym membership is a small cost that can make a big difference.

EMAIL SIGNATURES: Legal Walk signature banners are available to <u>download here</u>. Adding one is a constant, yet subtle reminder to support your London Legal Walk efforts.

INTERNAL COMPETITION: Who can encourage the most people to join in / fundraise the most individually or as a department? Don't forget to watch out for our weekly leaderboards.

SENIOR / LEAD WALKERS: See if you can help your team organiser to get the backing of key people in your organisation to encourage everyone to get involved!

GET CREATIVE: Dress down days, raffles, quizzes and swear jars all put the fun in fundraising.

VOLUNTEER: The London Legal Walk would not be possible without a fantastic team of volunteers. Please encourage anyone who is not planning to walk, to register as a route marshal instead.

We need 200 people stationed on the routes cheering on walkers between 2:30pm - 9pm. <u>Sign up here</u>.

