

London Legal Walk 2023

Covid-19 Safety Guidelines



Thank you for registering to take part in the London Legal Walk 2023. We are very much looking forward to seeing you at Carey Street on Tuesday 13 June.

While Covid-19 restrictions have now been lifted across the country, the wellbeing and safety of our walkers, volunteers and supporters is of the utmost importance.

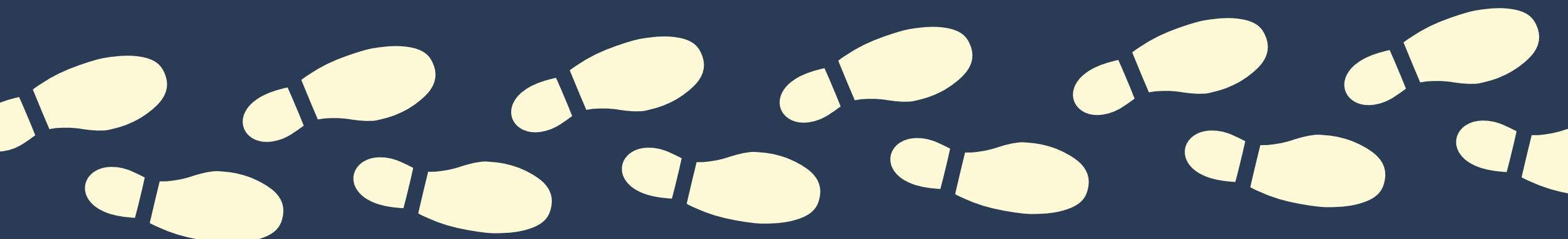
It is with this in mind that we have continued a number of measures and adjustments to this year's event, so as to minimise the risks associated with Covid-19 for all attendees.

Please be assured that the changes in place will not be to the detriment of your experience of this year's Walk.

We are very excited for the return of the 2023 London Legal Walk and would like to thank you in advance for your understanding and cooperation with the measures in place.

Key measures

- Extended registration time 3- 7pm
- Two 10km routes
- One way street party
- Hand sanitiser at all touch points
- Masks encouraged in areas of crowding
- Option to take part locally to your home



Covid-19 Pre-Event Guidance



Checking for Covid-19 symptoms before the London Legal Walk.

Please **DO NOT** attend the event if any of the following applies to you before Tuesday 13 June

- You have received a positive Covid-19 test result.
- You are experiencing any Covid-19 symptoms.
- You have experienced any Covid-19 symptoms within the 14 days leading up to the event.

The main symptoms of Covid-19 include:

- A new, continuous cough
- A high temperature
- A loss of taste and smell
- Tired / aching body
- Shortness of breath
- A headache
- Sore throat

Take a lateral flow test before the event:

- We recommend that every attendee of the London Legal Walk takes a Covid-19 lateral flow on the Monday evening or Tuesday morning (within 24 hours of your Legal Walk).
- If you receive a positive result please do not attend.

Feeling Unwell?

- We would also advise that if you have any viral symptoms e.g. sore throat, temperature, cough, or runny nose that you should not take part on one of the official London Legal Walk routes on Tuesday 13 June
- This applies even if your lateral flow test for Covid-19 has come back as a negative result.

If your team/organisation need to withdraw from the London Legal Walk before the event as a result of Covid-19 or indeed any other reason, please get in touch with us by emailing signups@llst.org.uk



Covid-19 Measures in Place at the Event



The registration time has been extended from 3pm - 7pm. Only the team organiser needs to register at the desk.



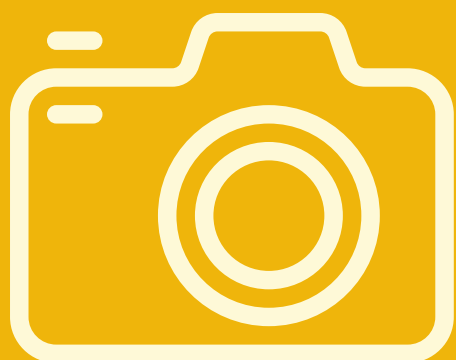
There are 2 available routes to avoid large gatherings whilst teams take part.



The Street Party on Carey Street will have a one-way system in place. Please adhere to this upon arrival.



Hand sanitiser will be provided at all key touch points, and face masks are encouraged in areas of crowding.



The selfie station returns this year (with plenty of sanitiser). Team photos are also available, though please be mindful of anyone continuing to socially distance.



Participants have the option to walk locally to their home instead of taking part in central London.

And, of course, remember to: **Catch it. Bin it. Kill it.**



Cover your nose and mouth with a clean tissue when coughing or sneezing



Dispose of the tissue in your nearest bin



Washing your hands and surfaces reduces the spread of germs